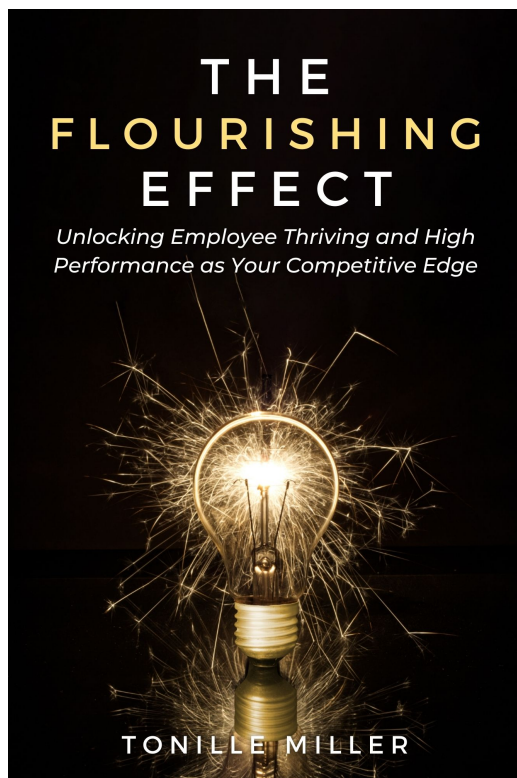


Book Club Discussion Guide

The Flourishing Effect: Unlocking Employee Thriving and High Performance as Your Competitive Edge

By Tonille Miller



Welcome to our book club discussion of *The Flourishing Effect*.

In this session, we will delve into the key themes, ideas, and insights presented in this highly relevant, forward-thinking book.

We're excited to engage in a lively exchange of ideas with you.

Agenda

1. Icebreaker (5 minutes):

- Introduce yourself briefly.
- Share one word that describes your initial impression of the book.
- Mention your favorite or most thought-provoking quote from the book.

2. Chapter Summaries (15 minutes):

- Briefly summarize the main points and takeaways from each chapter
- Highlight any notable anecdotes or case studies discussed.

3. Discussion Questions (30-45 minutes):

These questions are designed to spark conversation and encourage diverse perspectives (feel free to choose from the list below or add your own questions):

- What are the key lessons or principles that the author emphasizes?
- How can the book's insights be applied to real-life workplace situations?
- Were there any specific examples or stories that resonated with you personally or professionally?
- Did you disagree with any of the author's ideas, and if so, why?
- How can the concepts in this book contribute to your team and/or organization?
- What actionable steps or strategies have you gained from reading this book?

4. Closing Thoughts (5-10 minutes):

- What are your final reflections on the book and the discussion?